Social and Emotional Development Goal: Children use play as a vehicle to build relationships and to develop an appreciation for their own abilities and accomplishments. They learn how to interact positively with other people, form and value friendships, and express both positive and negative feelings appropriately.

# SE1. Children will demonstrate a positive sense of self

# 3 Year Olds

- 1.1 Describe themselves using several basic characteristics
- 1.2 Demonstrate self direction by making simple choices among limited options
- 1.3 Demonstrate confidence by participating in familiar classroom routines
- 1.4 Make known personal needs and desires
- 1.5 Respond to positive and negative feedback from familiar adults

## 4 Year Olds

- 1.1 Describe characteristics of self and others
- 1.2 Demonstrate self direction by making choices among peers, activities and materials
- 1.3 Demonstrate confidence by participating in most classroom activities
- 1.4 Stand up for rights much of the time
- 1.5 Respond respectfully to positive and negative feedback from adults most of the time.

#### 5 Year Olds

- 1.1 Accept likenesses and difference between self and others.
- 1.2 Demonstrate initiative by making choices and accepting responsibilities
- 1.3 Approach most new activities and tasks with confidence
- 1.4 Stand up for rights most of the time without aggression
- 1.5 Respond respectfully to positive and negative feedback from adults.

# SE2 Children will demonstrate self control, respect and responsibility 3Year Olds

- 2.1 Follow a few simple classroom routines and rules
- 2.2 Use classroom materials responsibly with modeling and guidance from adults
- 2.3 Manage transitions positively when supported by an adult
- 2.4 Become increasingly aware of behavior and its effects on others
- 2.5 Use simple conflict resolution techniques with adult modeling and facilitation

#### 4 Year Olds

- 2.1 Follow classroom rules and procedures with reminders
- 2.2 Use materials responsibly, most of the time
- 2.3 Manage transitions positively when told what to expect
- 2.4 Recognize effect on others of own behavior most of the time
- 2.5 Demonstrate with adult guidance simple techniques to solve social problems

## 5 Year Olds

- 2.1 Follow classroom rules and procedures most of the time
- 2.2 Use materials responsibly
- 2.3 Manage transitions and adapt to changes in routine
- 2.4 Anticipate and regulate behavior that may result in negative reactions
- 2.5 Attempt to solve social problems independently, by negotiation, or with adult help

# SE3 Children express feelings and show concern for others.

#### 3 Year Olds

- 3.1 Recognize own positive and negative feelings when an adult labels them
- 3.2 Calm self after strong emotion with adult help
- 3.3 Seek adult help to manage fears and concerns
- 3.4 Show awareness of feelings of others with adult guidance and support

#### 4 Year Olds

- 3.1 Recognize own feelings and describe them some of the time
- 3.2 Develop strategies to express strong emotion with adult help
- 3.3 Express fears and concerns to familiar adult
- 3.4 Show awareness and respond to feelings of others with adult guidance and support

# 5 Year Olds

- 3.1 Recognize own feelings and try to control them
- 3.2 Use positive strategies to express strong emotion
- 3.3 Develop strategies with adult to manage fears and concerns
- 3.4 Demonstrate empathy by responding to feelings and needs of others

# SE4 Children will form healthy social relationships

# 3 Year Olds

- 4.1 Show interest in others by playing beside or briefly with one or more children
- 4.2 Show an interest in having a friend
- 4.3 Accept adult help to join play group
- 4.4 Show growing awareness of group life of class (sense of community)
- 4.5 Interact with familiar adults with varying degrees of comfort

#### 4 Year Olds

- 4.1 Display emerging social skills of trying to take turns and talk with others during play
- 4.2 Develop friendship with one or two preferred children
- 4.3 Demonstrate strategies to join play group with adult support
- 4.4 Participate in group life of class (sense of community)
- 4.5 Interact easily with familiar adults by engaging in conversations, responding to questions and following directions

## 5 Year Olds

- 4.1 Play cooperatively with one or more children
- 4.2 Exhibit social skills to sustain a friendship
- 4.3 Demonstrate ability to join a group activity or game
- 4.4 Assume some responsibility for contributing to the group life of class (sense of community)
- 4.5 Interact easily with familiar adults by showing affection, responding to questions, initiating conversations and following directions